# SER 1783

### Farm-Fresh Recipes

## Classic Salisbury Steak

Prep time: 10 minutes Cook time: 25 minutes

### Ingredients

1 (10-3/4-ounce) can reduced-fat cream of mushroom soup, divided

1 1/2 pounds Evermore Farm Lean Ground Beef

1/2 cup chopped onion

1/2 cup Italian breadcrumbs

1 egg white

1 (8-ounce) package fresh mushrooms

1/2 cup low-salt beef broth

1 tablespoon Worcestershire sauce

1/4 teaspoon pepper

#### **Directions**

- 1. Combine 1/4 cup soup, beef and next 3 ingredients; stir well. Shape mixture into 6 patties.
- 2. Brown patties in a large skillet over medium-high heat. Remove patties and drain.
- 3. Add mushrooms, stirring constantly until tender. Combine remaining soup, beef broth, Worcestershire sauce and pepper.
- 4. Return patties to skillet; bring to a boil. Cover, reduce heat, and simmer 20 minutes.

Makes 6 servings.

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